# ADVANCED COMMUNICATION FOR INFLUENCE AND IMPACT

Are your nonverbal cues supporting or sabatoging your communication?



Research shows that people are more likely to respond to the nonverbal aspects (80-90%) of communication rather than the literal words.



So, why don't we put 80-90% of our energy into understanding how information is being communicated, instead of focusing only on what is being said?

#### LEARN THE COMMUNICATION SECRETS OF THE MASTERS

In this highly engaging and interactive Advanced Communication Workshop, we examine a model that illustrates the Art and Science of Communication to polish your nonverbal cues and speaking skills for maximum influence and impact.

Mastering your communication skills will increase your ability to inspire, build teams, empower others, and ensure people pay attention when you speak. With practical and easy to apply nonverbal microskills, your communicating confidence and charisma will never be the same again.

# **GET RESULTS**

In this workshop, we examine visual, auditory, kinaesthetic, and breathing patterns to help us master the art of communication.

Learn how to make subtle adjustments to achieve remarkable results with:

- eye contact
- voice speed
- intonation
- frequency and amplitude of gestures
- sitting and standing postures
- and much more!

"As a speaker and facilitator,
Nikki is world-class. She
recently spoke at the
Speakers Tribe 2021 Global
Conference to standing
ovations."

Leigh-Anne Sharland
Thought Leader, Business
and Data Intelligence

Using proven methods, such as 'frozen hand gestures', different voice patterns, where you look when you speak - and even how you breathe - can influence others' perceptions of you as a skilled communicator.

"I had the pleasure of seeing Nikki give a keynote presentation at the Genos global conference. It was one of the best presentations I've ever seen. Her delivery was entertaining, engaging, insightful and so well done."

Aoife Gorey

Director of Operations and Brand Manager, Genos Europe

## YOUR FACILITATOR

## **NIKKI LANGMAN**



Nikki Langman is a corporate professional development consultant with a focus on emotional intelligence, nonverbal communication, and leadership and an award-winning thought leader in the areas of resilience and personal growth. Nikki is also a #1 Best-Selling Author and Professional Speaker.



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